



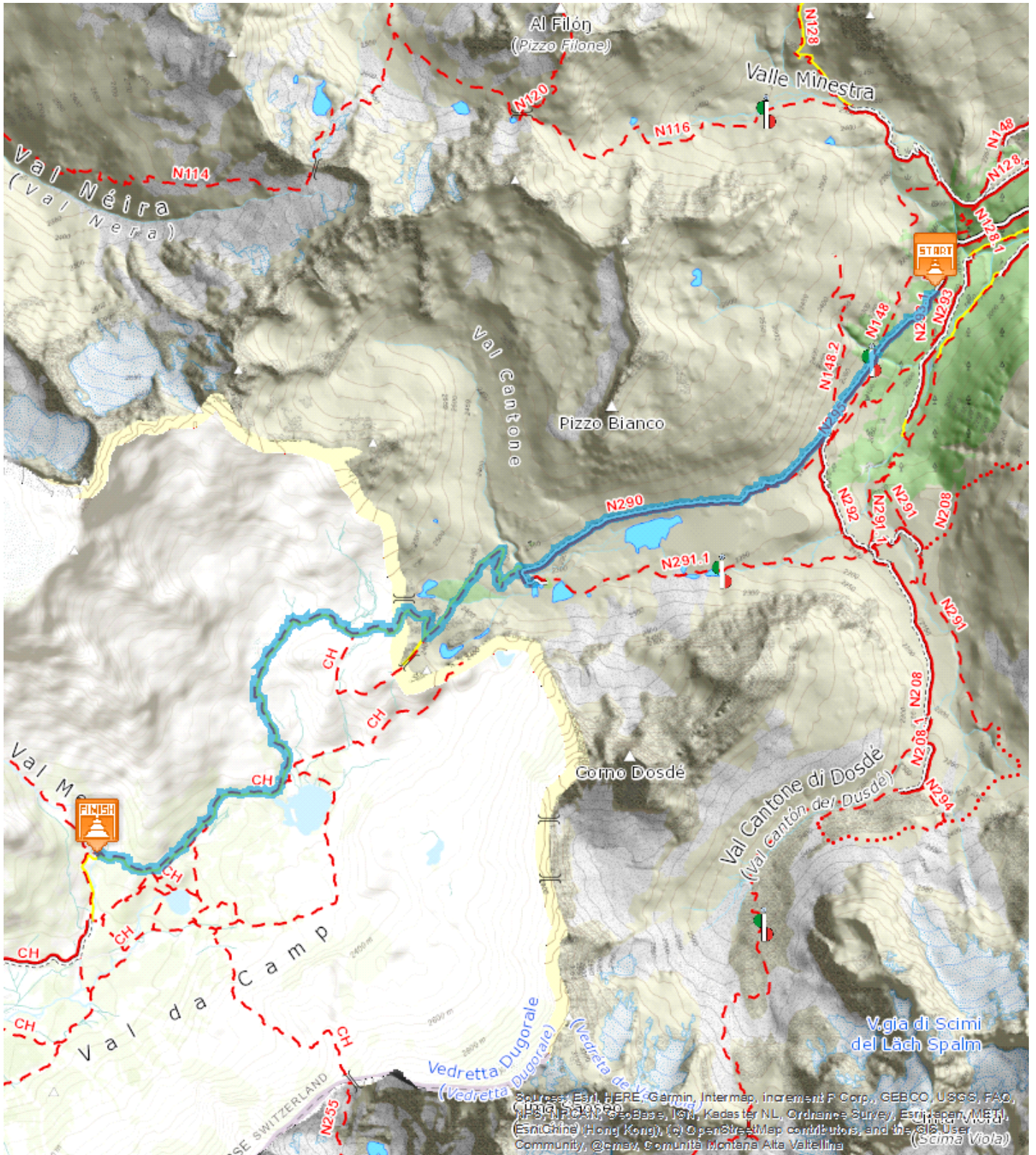


Baite Minestra - Rifugio Val Viola - Passo di Val Viola - Campasciol - Lagh da Scispadus - Campo (CH)

Medium  10,542 Km  2:00 - 3:00 h  404 m  418 m





From Arnoga in Valdidentro, travel to the parking area of Altumeira by car or by shuttle (see municipal regulations). Continue along the last part of Val Viola to the refuge of the same name. From here, continue on path N290 to the pass at the border at an altitude of 2470 m. Entering Switzerland, follow the signs that lead you to a view over the valley, with its lakes and conifers. With a wide turn to the north you transit from Pian de la Genzana to descend the valley to the terrace of Campascio. The trail, steeper now, continues in the area of the Lago di Val Viola, with its tiny wooded island. Keeping to the right, continue to the Lach da Scispadus, with the Lach da Sauseo a little to the left further on. A final descent and you arrive at Longacqua and the Sauseo Refuge. From here, a dirt road closed to traffic crosses the Val di Campo and runs down to Sfazu on the Bernina road.

Val di Campo This extends alongside the Poschiavo Valley. It is a typically glaciated valley, once fed by two ice flows, one from Val Mera and the other from Val Viola. It is a protected natural area with uniquely varied flora and landscape.

Start:Baite Minestra

Arrival:Campo (CH)

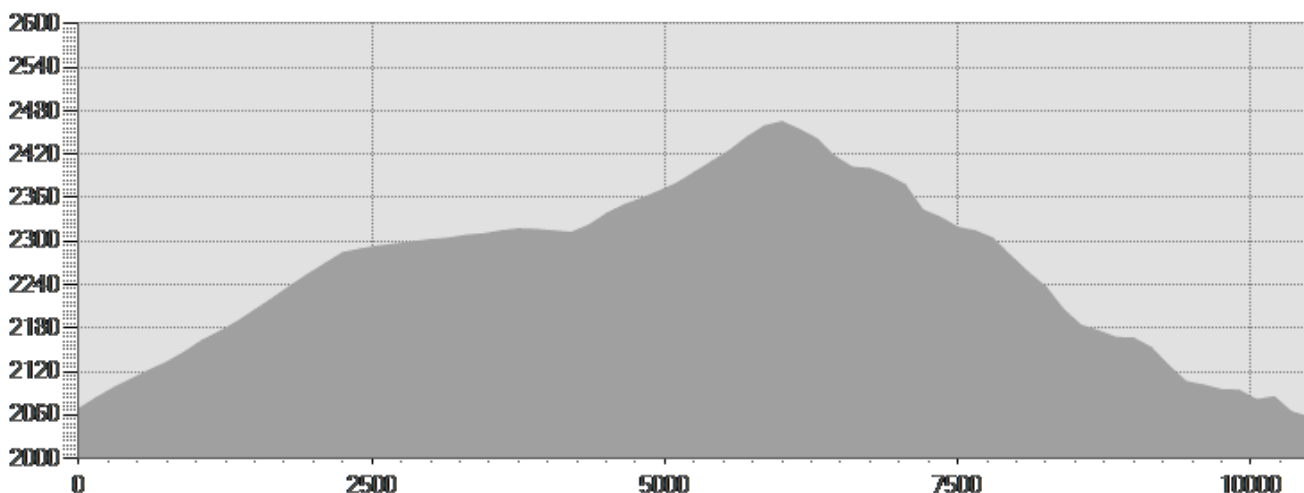
Equipment required:

Difficulty description:

Parking Area:

Map:Bike and Trekking Map Alta Valtellina n 3

Author:



TECHNICAL DATA

Length	— 10,542 Km	Skill	★★★★★
Duration	🕒 2:00 - 3:00 h	Condition	★★★★★
Uphill height difference	⬆️ 404 m	Effort	★★★★★
height difference downhill	⬇️ 418 m	Natural pavement	87%
Maximum slope uphill	⬆️ 13%	Asphalt pavement	0%
Maximum slope downhill	⬇️ 23%	Cobblestones	13%
Minimum and maximum quota	📏 2465 m	Equipped trail	0%
	📏 2056 m	Scree pavement	0%
Period Journey	📅 Giugno -	Other types of pavements	0%
	📅 Ottobre	Not available data	0%

PHOTO GALLERY



In mountain bike sulla roccia



Lungo i pascoli, scendendo verso ampie vallate



Un dettaglio dei tornanti



Da soli in sella alla bici, nella natura più incontaminata



Lungo la strada sterrata, tagliando la montagna



In sella tra le rocce

This publication is for information purposes only. We recommend you consult and check the weather forecast and snow conditions before every excursion.