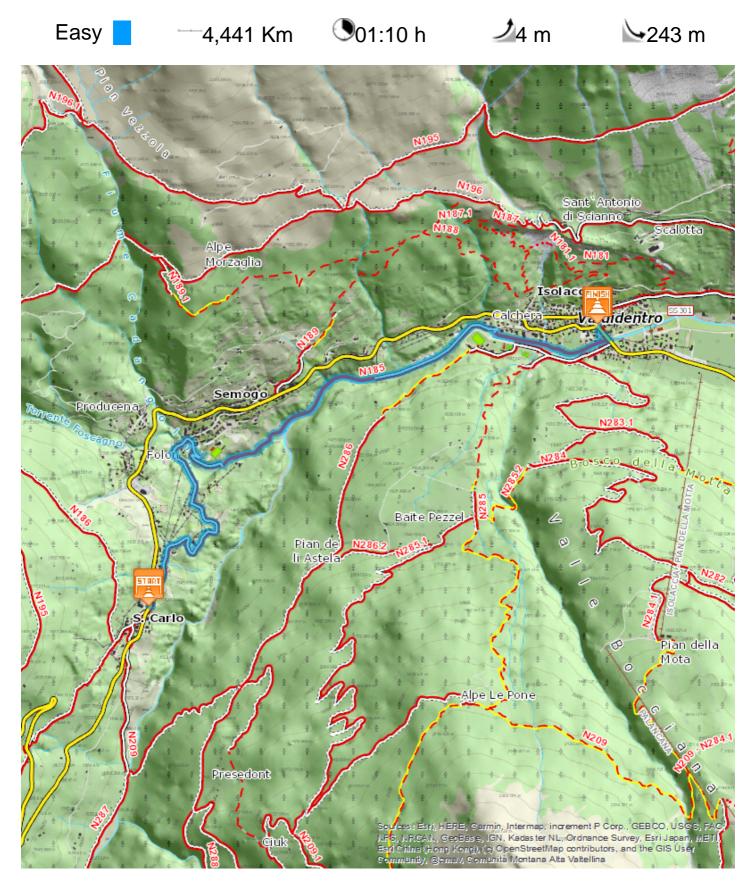




S.Carlo - Coste - Semogo - Pista ciclabile lungo Viola - Isolaccia





From the church of San Carlo in Valdidentro take the N185 down past some settlements at Semogo. This is a secondary road with little traffic where you can walk or cycle in relative peace. After Coste you arrive in the area of Molini at the confluence of the Cadangola and Foscagno streams: the abundance of water meant that this was once an industrial settlement, with mills, sawmills and ironworking. Cross the two bridges and turn right to the Semogo Sports Centre. Continue along the bike trail that runs along the valley floor through the woods and along the Viola stream up to the village of Isolaccia. The path is all paved and is suitable for families with children and elderly people. There are numerous places to stop along the route.

The Semogo Sports Centre. The new sports centre is situated in a sunny location and has a football pitch, volleyball court, bowling alley and two wellequipped children's playgrounds. There is also a multipurpose hall seating 300 people with a bar: it hosts frequent conferences, events and concerts.

### Start:S.Carlo

Arrival: Isolaccia

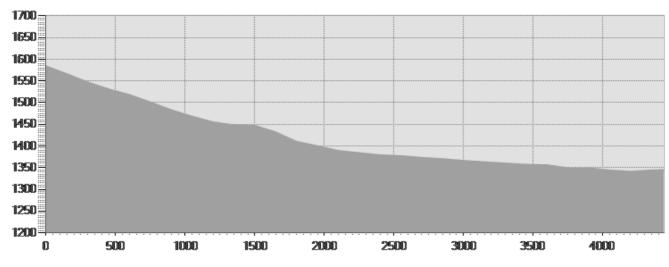
Equipment required:

Difficulty description:

#### Parking Area:

Map:Bike and Trekking Map Alta Valtellina n° 3

### Author:



# **TECHNICAL DATA**

Length	hh	4,441 Km	Skill	****	
Duration	٩	01:10 h	Condition	*****	
Uphill height difference	ر	4 m	Effort	****	
height difference downhill	4	243 m	Natural pavement		2%
Maximum slope uphill	%	2%	Asphalt pavement		98%
Maximum slope downhill	000	15%	Cobblestones		0%
Minimum and maximum quota		1567 m	Equipped trail		0%
	-	1342 m	Scree pavement		0%
		-	Other types of pavemer	nts	0%
Period Journey		Aprile - Ottobre	Not available data		0%

# PHOTO GALLERY



La ciclabile di Valdidentro



Il centro sportivo di Semogo

This publication is for information purposes only. We recommend you consult and check the weather forecast and snow conditions before every excursion.