




La Centrale - Sassa Bianca - Pian delle Marmotte - Alpe Trezero - Ponte delle Vacche - La Centrale

7,376 Km



 3:00 - 4:00
h



 606 m



606 m



Sources: Esri, HERE, Garmin, Intermap, increment P Corp., GEBCO, USGS, FAO, NPS, NRCAN, GeoBase, IGN, Kadaster NL, Ordnance Survey, Esri Japan, METI, Esri China (Hong Kong), Swisstopo, © OpenStreetMap contributors, and the GIS User Community, Comunità Montana Alta Valtellina



From the Centrale in Santa Caterina, in Magliaga, take paths S557 and S561 through Sassa Bianca then zigzag uphill to a wide plateau, the Pian delle Marmotte at 2,360 m the name comes from the large number of marmots in the area. Here you can stop and enjoy the wide panorama over most of the Valfurva and the surrounding mountains especially the Sobretta and Gavia group. Continue on path S561 down to the Alpe Trezero. Continue steeply down into the valley and, before crossing the Ponte delle Vacche, take path S558 to the right along the River Gavia to return to the Centrale in Santa Caterina.

The Alpine marmot The marmot is the largest rodent in the Alps. Its alarm calls are generated by the passage of air over its vocal cords. In the past many local families jealously guarded marmot oil in order to treat inflammations, bronchitis and pneumonia, rheumatism, haemorrhoids, sprains and dislocations.

Start:La Centrale

Arrival:La Centrale

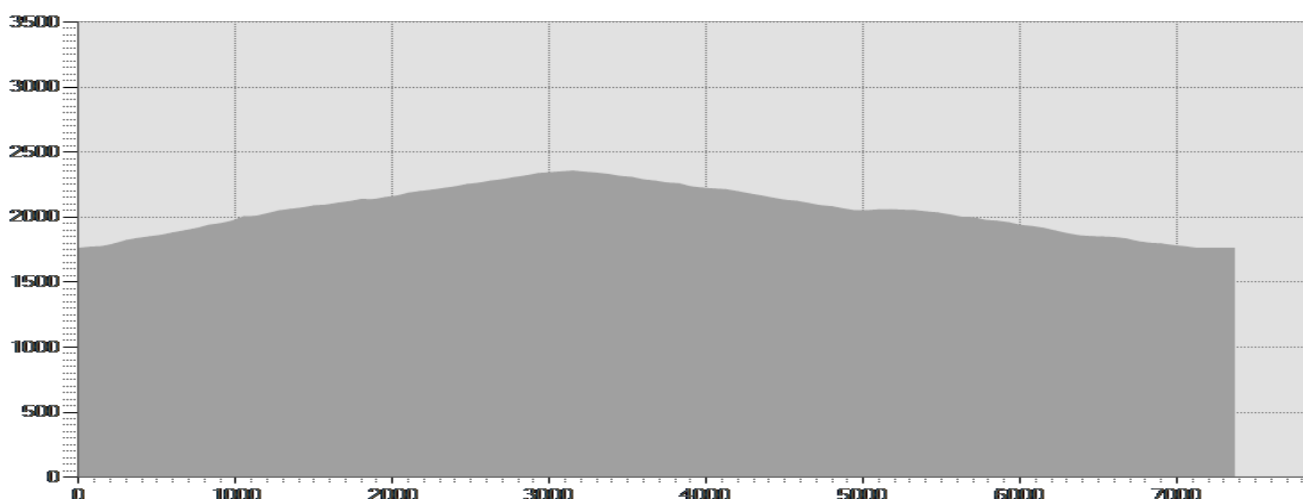
Equipment required:

Difficulty description:

Parking Area:

Map:Bike and Trekking Map Alta Valtellina n° 6

Author:



TECHNICAL DATA

Length	7,376 Km	Skill	★★★★★
Duration	3:00 - 4:00 h	Condition	★★★★★
Uphill height difference	606 m	Effort	★★★★★
height difference downhill	606 m	Natural pavement	100%
Maximum slope uphill	46%	Asphalt pavement	0%
Maximum slope downhill	15%	Cobblestones	0%
Minimum and maximum quota	2354 m	Equipped trail	0%
	1760 m	Scree pavement	0%
Period Journey	Giugno -	Other types of pavements	0%
	Settembre	Not available data	0%

PHOTO GALLERY



Verso il Pian delle Marmotte



La marmotta alpina

This publication is for information purposes only. We recommend you consult and check the weather forecast and snow conditions before every excursion.