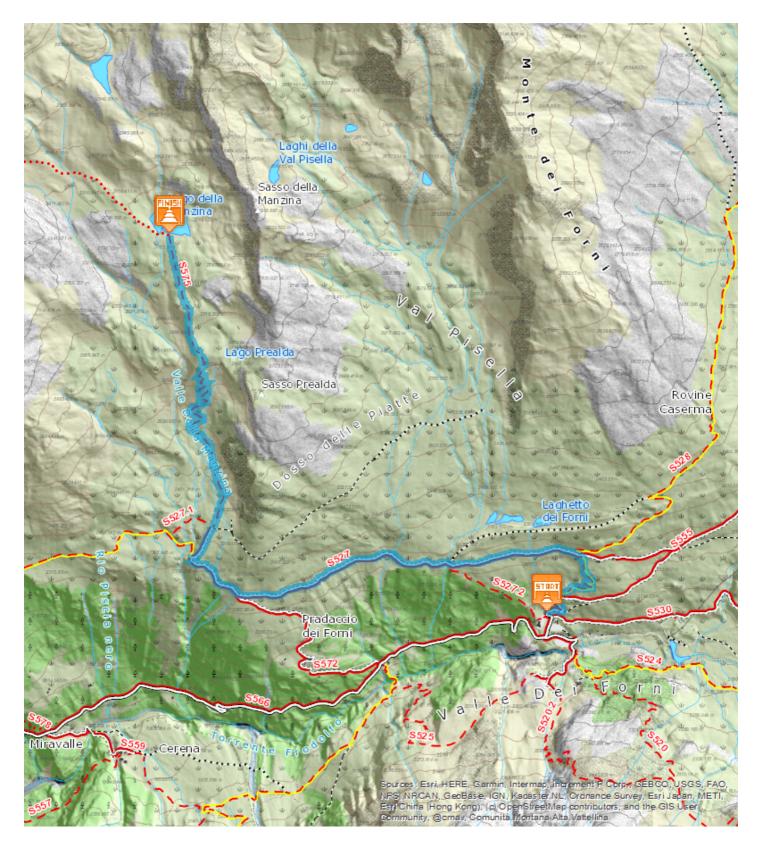




Forni - Pradaccio di Sopra - Valle della Manzina - Lago della Manzina





From the Ghiacciaio dei Forni Hotel take paths S528 and S555 up through an unspoilt forest of Swiss pine, one of the finest in the Stelvio National Park. Above the Baite dei Forni the trail levels off and heads west on a service road to the mountain huts of Pradaccio di Sopra. Enter the Valle della Manzin and take path S575 on the right towards Monte Forni. At an altitude of 2,500 metres, the trail zigzags up a steep grassy slope past the large rock, Sasso Prealda. It continues up a moraine ridge, grassy in parts, among rocks and debris to reach the Manzina Lake, with magnificent views over most of the Forni basin, with the peaks reflected in the still waters of the lake.

The ptarmigan The ptarmigan, a legacy of the Quaternary glaciation, lives in cold areas at high altitudes, and loves snow in particular. It is difficult to spot because of its camouflaged plumage: in summer it takes on a similar colour to the surrounding terrrain, while in winter it turns white.

Start:Forni Arrival:Lago della Manzina

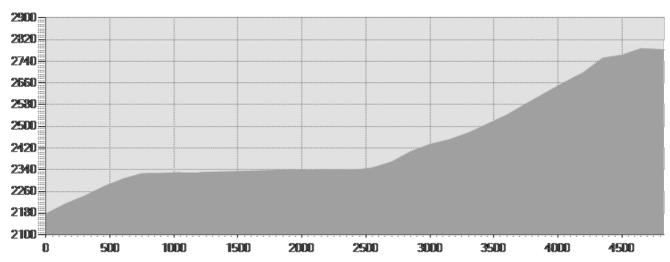
Equipment required:

Difficulty description:

Parking Area:

Map:Bike and Trekking Map Alta Valtellina n° 6

Author:



TECHNICAL DATA

Length	4,831 Km	Skill	***	
Duration	9 2:00 - 3:00 h	Condition	***	
Uphill height difference	⊿ 612 m	Effort	****	
height difference downhill	△ 6 m	Natural pavement		100%
Maximum slope uphill	\$ 35%	Asphalt pavement		0%
Maximum slope downhill	№ 2%	Cobblestones		0%
Minimum and maximum quota	2787 m	Equipped trail		0%
		Scree pavement		0%
	2214 m	Other types of paveme	nts	0%
Period Journey	Giugno - Settembre	Not available data		0%

PHOTO GALLERY



Pernice Bianca



Lago della Manzina

This publication is for information purposes only. We recommend you consult and check the weather forecast and snow conditions before every excursion.