

Passo di Frale - Passo di Val Mora - Val Mora - Paluetta - Praveder - Alpe Mora

Easy



7,457 Km



1:00 - 3:00
h



153 m



73 m





From the parking area near the Church of San Giacomo di Fraelle at Cancano, in Valdidentro, follow path N199 and you soon reach the Fraelle Pass, the watershed between the basin of the Adda and the SpollnnDanube rivers. The trail descends for about 1 km, arriving at a fork. Take the righthand path towards the mouth of the Val Mora. Climb over the northern alluvial deposits of Val Paolaccia and cross the alluvial cone of Val della Casina to reach the Val Mora Pass. Once on Swiss territory continue along the wild gorge on the left bank of the stream until the last narrow section opposite the terrace of Il Grass. Crossing the bridge you reach the right bank of the river and, after a few hundred metres, you pass via Paluetta and cross the river that flows down from Doss dal Termel. A little further on, almost opposite the Val Murtarol, you emerge into the plains of the Alp Mora. This route is a part of the Alemagna Road Strada d'Alemagna, also called the 'Strada del Vino e del Sale' Wine and Salt Road.

The Alemagna Road This was one of the most important transport links between Lombardy and Germany in centuries past. Once in Bormio, goods would pass across the Scale di Fraelle and then go on to Cancano, crossing the watershed and into Val Mora, to continue to the Passo del Forno and towards SCharl and the Inn Valley.

Start:Passo di Fraelle **Arrival:**Alp Mora

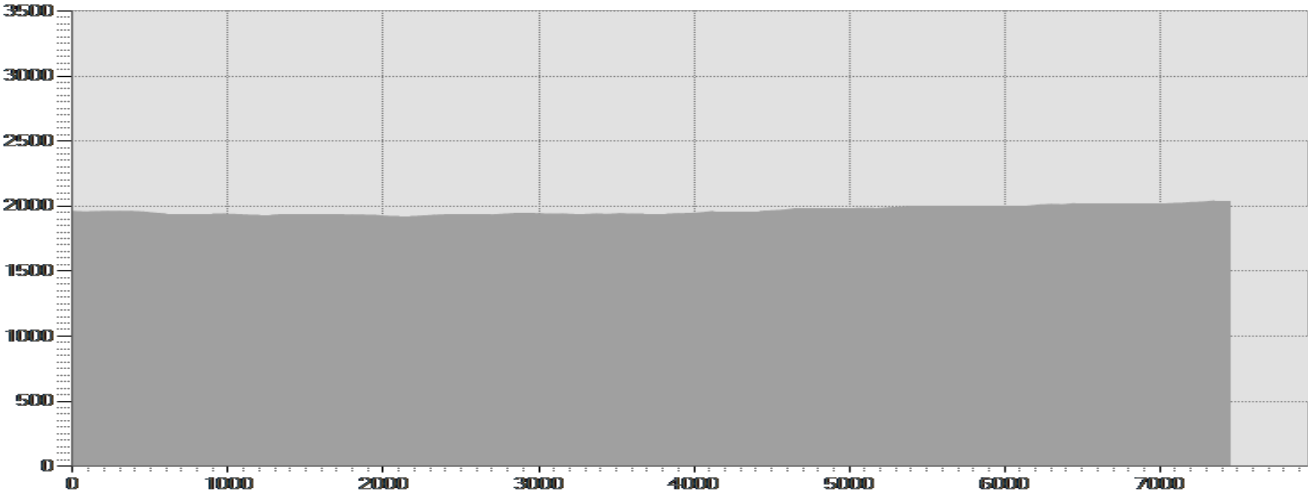
Equipment required:

Difficulty description:

Parking Area:

Map:Bike and Trekking Map Alta Valtellina n° 1

Author:



TECHNICAL DATA

Length	7,457 Km	Skill	★★★★★
Duration	1:00 - 3:00 h	Condition	★★★★★
Uphill height difference	153 m	Effort	★★★★★
height difference downhill	73 m	Natural pavement	100%
Maximum slope uphill	14%	Asphalt pavement	0%
Maximum slope downhill	7%	Cobblestones	0%
Minimum and maximum quota	2040 m	Equipped trail	0%
	1920 m	Scree pavement	0%
		Other types of pavements	0%
Period Journey	Giugno - Settembre	Not available data	0%

PHOTO GALLERY



Val Mora

This publication is for information purposes only. We recommend you consult and check the weather forecast and snow conditions before every excursion.