


Solena - Bosco Piano - Bagni Vecchi - Bagni Nuovi


Medium



8,184 Km

 2:00 - 3:00  
h

 128 m

 769 m





From the picnic area and parking area after the refuge in Alpe Solena, follow path N184 downhill, an easy route with some bends. Here, a plaque commemorates the Alpini troops who, between the two World Wars, opened this path to traffic. After crossing the bridge of Solena, you head for the other side of the mountain, crossing a long stretch under the huge walls of the Corne del Palone and, after a few bends in the woods, the path reaches the Malga di Boscopiano. It crosses the Braulio stream near Bocche d'Adda, where the River Adda once burst from a very narrow gorge now part of the water is taken by A2A for electricity production. Continue on the trail until you reach the Stelvio highway and Bagni Vecchi, where you can stop and relax in the thermal waters of Bormio. After the Parco dei Bagni the tour ends near the Grand Hotel Bagni Nuovi with its thermal baths.

Parco dei Bagni The park is home to numerous species of Mediterranean flora thanks to the temperate climate which is due to hot water springs. It is home to several old structures: the Church of San Martino, the cave of the Pliny Fountain and the spas.

**Start:**Solena **Arrival:**Bagni Nuovi

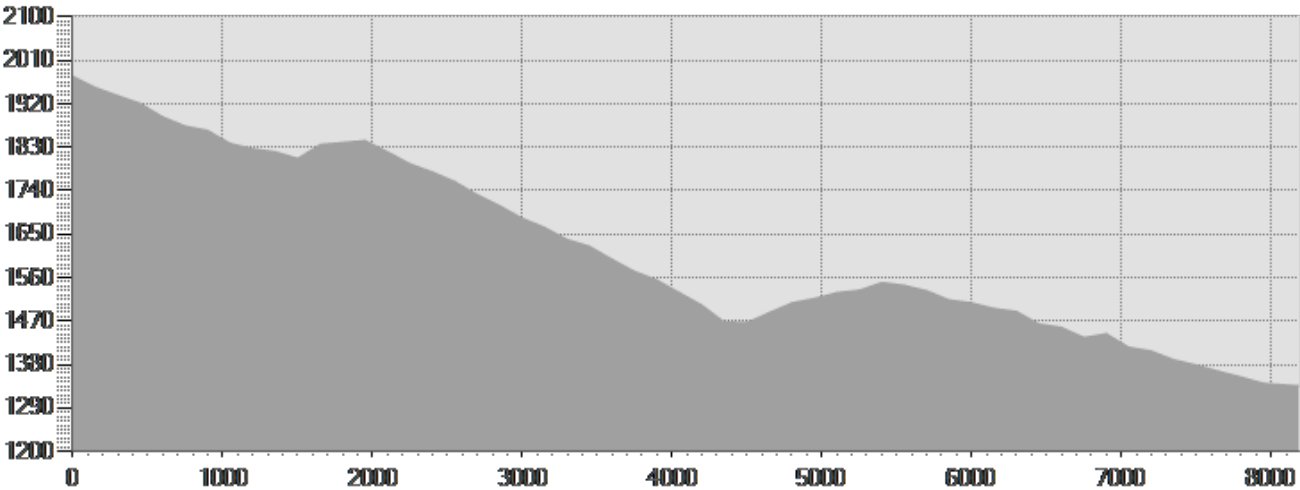
**Equipment required:**

**Difficulty description:**

**Parking Area:**

**Map:**Bike and Trekking Map Alta Valtellina n° 4

**Author:**



TECHNICAL DATA

Length	8,184 Km	Skill	★★★★★
Duration	2:00 - 3:00 h	Condition	★★★★★
Uphill height difference	128 m	Effort	★★★★★
height difference downhill	769 m	Natural pavement	81%
Maximum slope uphill	19%	Asphalt pavement	19%
Maximum slope downhill	23%	Cobblestones	0%
Minimum and maximum quota	1954 m	Equipped trail	0%
	1337 m	Scree pavement	0%
Period Journey	Giugno -	Other types of pavements	0%
	Ottobre	Not available data	0%

PHOTO GALLERY



La Chiesetta di Cancano



Il parco dei Bagni a Bormio



I Bagni Vecchi di Bormio

*This publication is for information purposes only. We recommend you consult and check the weather forecast and snow conditions before every excursion.*