

Easy

18,406 Km

3:00 - 4:00
h

787 m

762 m



There are many possibilities to choose as many routes linking the territories of Livigno and Valldentro through valleys and over passes on wonderful, wellknown and popular tracks. Almost all of these round routes can be ridden in the opposite direction too. In this case we ride around Dosso Resaccio and Monte Rocca clockwise. The route we describe here climbs up to three passes on nice panoramic trails allowing to range over the mountains around the hamlet of Trepalle, up to Bormio and the sever Cima Piazzzi with the eyes. The corresponding descents are pure amusement in complete safety and relax.



You start from Passo Foscagno 2291 m and head for Livigno not following the highway, but the nice single trail n. 129 which descends to Campec, at the beginning of the hamlet of Trepalle 2064 m, then turns right around the slopes of Monte Rocca always above the tree line sign Way n. 127, passes past Tea de Pila 2063 m and leads to the route coming up from Val Pila towards southeast sign Way n. 136. You get to the Passo di Val Trela 2295 m always on a trail and with rather toil. The quick downhill leads you to the enchanting Alpe Trela 2165 m where you can have a pit stop at the samename agriturismo before starting the next regular but challenging 200 m climb sign Way n. 196 that takes you to Bocchetta di Trela 2349 m. Then you proceed downhill riding on one of the many tracks all leading to the marvellous Pian Vezzola, whence an easy dirt road begins before the first big house at 2200 meters above sea level. The road gets to Alpe Vezzola 2090 m in short time and cuts across the alternative

route on the right sign Way n. 130.1 that comes from Alpe Trela through Val Corta and Val Vezzola. At Alpe Vezzola you turn right sign Way n. 196.1 and begin descending, you cross a small valley, ride on a short uphill stretch and then you begin the crossing on the west trail running deep into a beautiful forest at considerable height. Once you get out of the trees the last climb is waiting for you sign Way n. 186 and will take you to the highway in a place called Angelina and then to the Passo Foscagno.

Start:Passo Foscagno

Arrival:Passo Foscagno

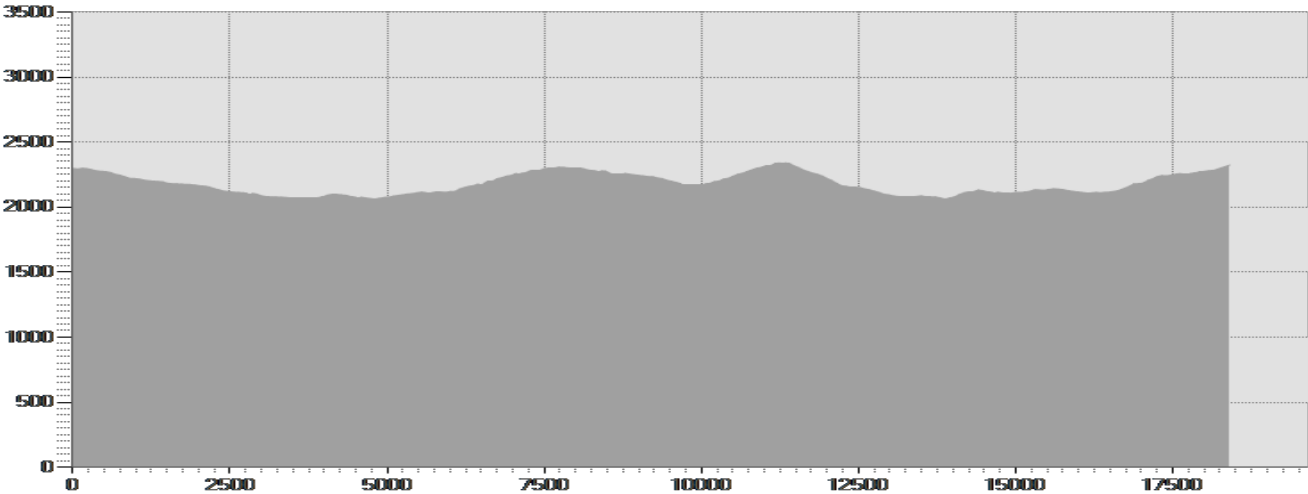
Equipment required:

Difficulty description:

Parking Area:

Map:40 itinerari in mountain bike

Author:



TECHNICAL DATA

Length	— 18,406 Km	Skill	★★★★★
Duration	🕒 3:00 - 4:00 h	Condition	★★★★★
Uphill height difference	📈 787 m	Effort	★★★★★
height difference downhill	📉 762 m	Natural pavement	95%
Maximum slope uphill	📈 53%	Asphalt pavement	5%
Maximum slope downhill	📉 13%	Cobblestones	0%
Minimum and maximum quota	📊 2340 m	Equipped trail	0%
	2062 m	Scree pavement	0%
Period Journey	Giugno -	Other types of pavements	0%
	Ottobre	Not available data	0%

PHOTO GALLERY



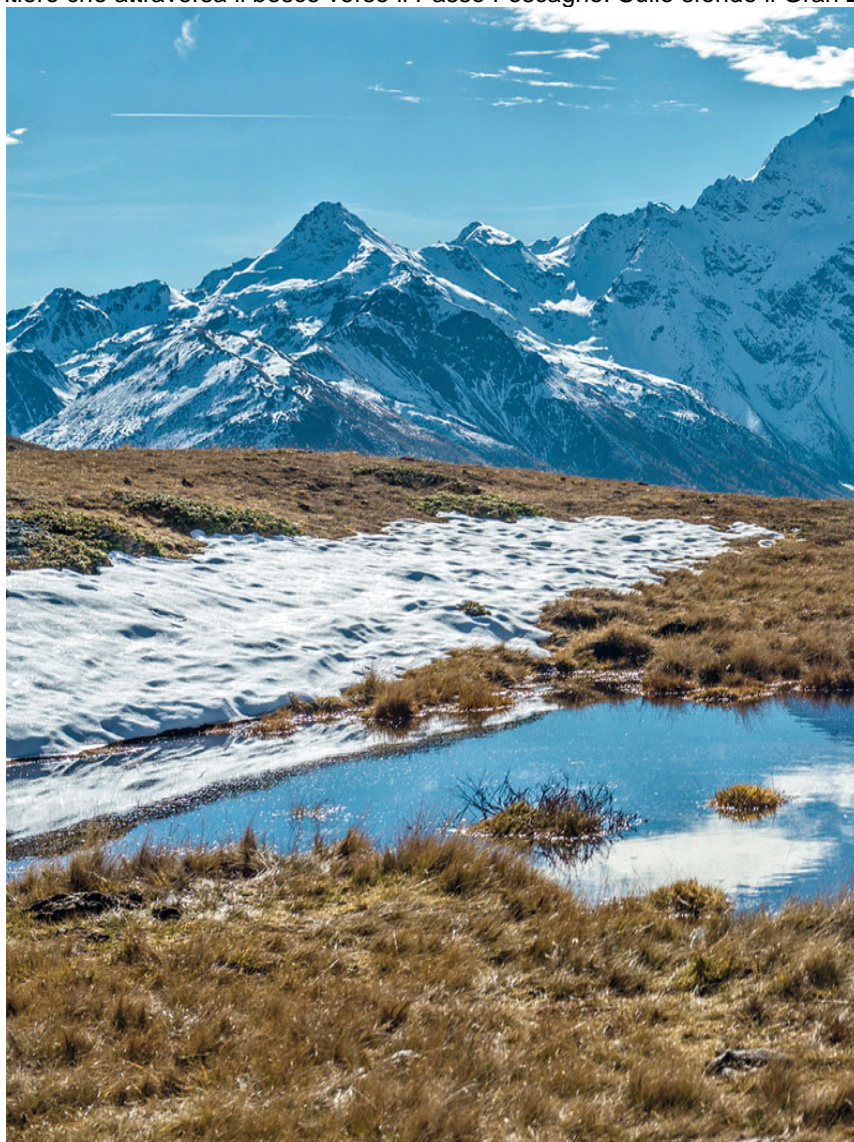
Dal sentiero che conduce in Val Pila, panoramica su Trepalle (2)



Dal sentiero che conduce in Val Pila, panoramica su Trepalle (1)



Il sentiero che attraversa il bosco verso il Passo Foscagno. Sullo sfondo il Gran Zebrù.



Bocchetta di Trela. Sullo sfondo il San Colombano e la Cima Piazzi (1)



Bocchetta di Trela. Sullo sfondo il San Colombano e la Cima Piazzi (2)



Bocchetta di Trela. Sullo sfondo il San Colombano e la Cima Piazzi

snow conditions before every excursion.