





Passo Stelvio _ Rifugio Garibaldi _ Pass Umbrail o Giogo di Santa Maria _ Bocchetta di Forcola _ Bocchetta di Pedenoletto _ Malga Pedenolo _ Alpe Solena _ Bosco Piano _ Statale dello Stelvio

Medium  — 24,772 Km  5:00 - 6:00 h  622 m  1837 m



This is an itinerary rich in history and nature and affording lunar landscapes. A theatre of battles during the First World War, the surrounding mountains still preserve the entrenchments and military emplacements nearby the pastures full of flowers and perfumed herbs and the Ortles glaciers. The descent is a concentrate of all the best a biker can ever desire: single trail at first and military road with regular sloping, then technical trail and again steep gravel dirt road. From Piani di Pedenolo and accompanied by the sight of Cima Piazzzi and the Bernina group, you descend along the formerly traced roads built for the downhill transport of the iron ore, which used to be mined from these mountains.



The start is from Passo Stelvio 2758 m by carrying your bike up to the Rifugio Garibaldi 2838 m. Just behind on your left and towards northeast you take the trail descending with welltraced switchbacks to the Pass Um brailGiogo di Santa Maria 2501 m. Here on your right begins a nice single trail sign Way n. 145, which cannot always be easily ridden, leading you to Bocchetta Di For cola 2765 m with rises and falls. The route goes eastwards downhill the length of the samename valley on the track passing in front of the old barracks and getting to a crossroads soon afterwords. You follow the trail n. 145 on your right along the easy al ternative way into the Valle della Forcola, or you continue on the main track on your left sign Way n. 146 along a bumpy and rocky sideway trail leading to Bocchetta di Pedenoletto 2790 m. From here on the trail becomes a muletrack and goes down to Bocchetta di Pedenolo 2703 m and then to the Alpine hut of the same name 2394 m with a regular track full of hairpin turns. This is an easy, re laxing, and panoramic stretch. Then the trail suddenly gets steeper for 3 km, with narrow switchbacks as well as some difficult and overhanging passages and reaches the valley bottom with a 400 m elevation loss. Here 2070 m it joins the easy dirt alternative road leading to Solena and then to Bosco Piano steeply sloping down. If you want to return on the Strada Statale dello Stelvio 1554 m you have to turn back uphill for 1 kilometre.

Start:Passo Stelvio

Arrival:Statale dello Stelvio

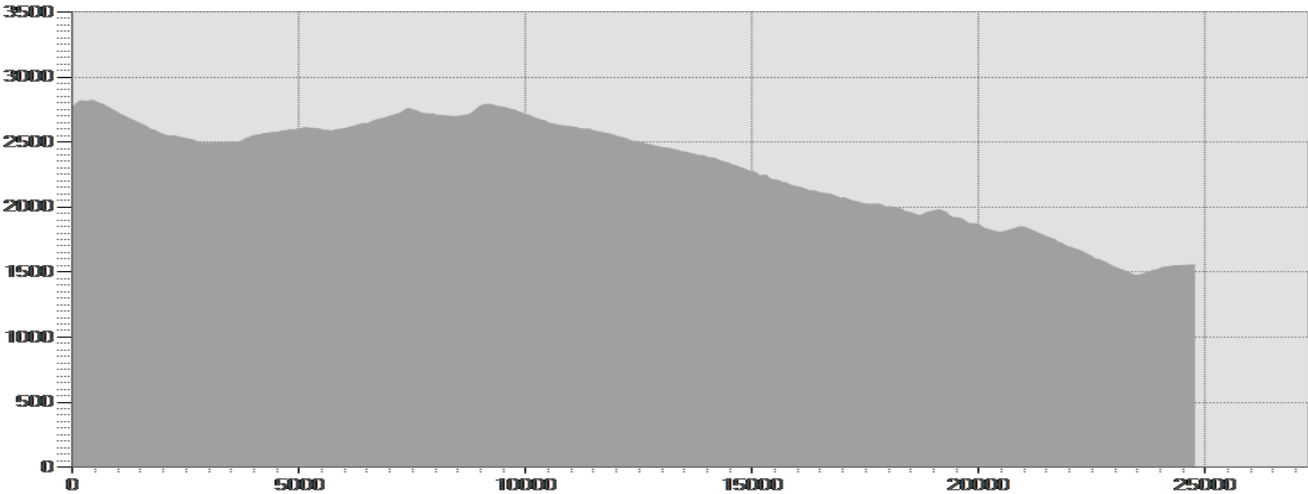
Equipment required:

Difficulty description:

Parking Area:

Map:40 itinerari in Mountain Bike

Author:



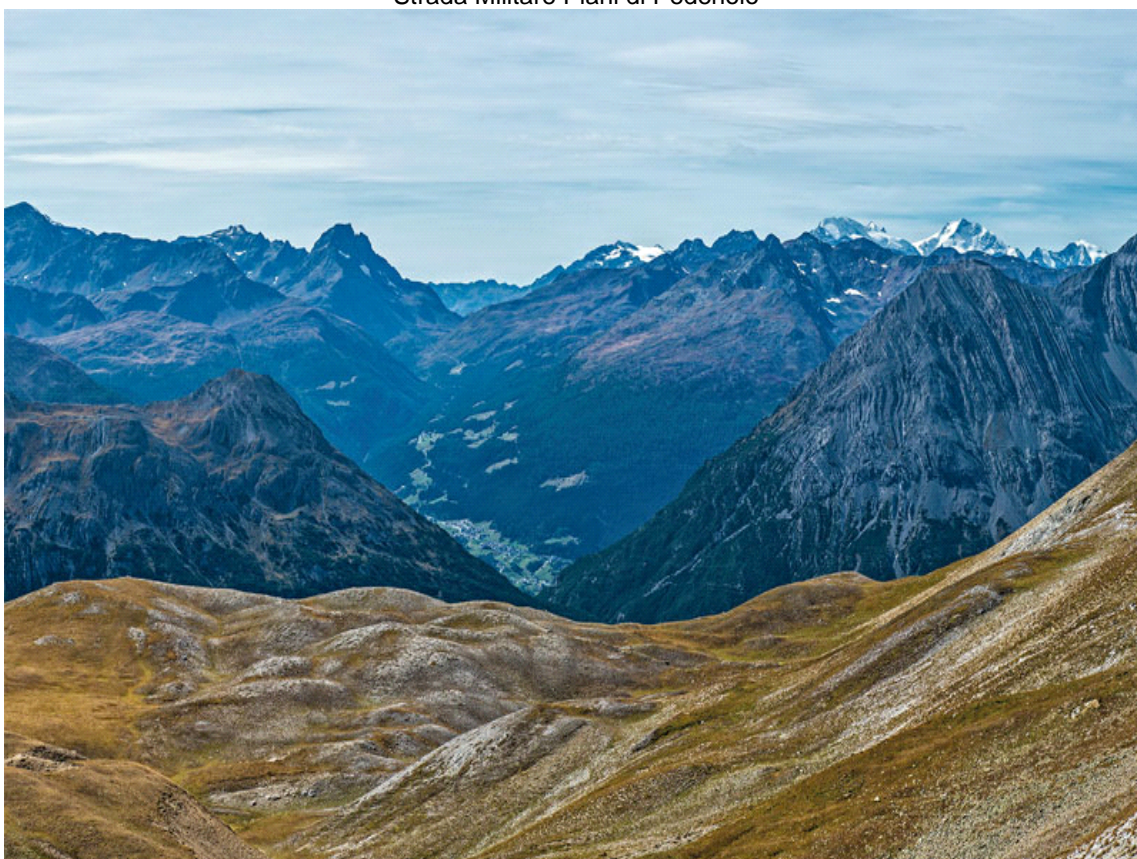
TECHNICAL DATA

Length	— 24,772 Km	Skill	★★★★★
Duration	🕒 5:00 - 6:00 h	Condition	★★★★★
Uphill height difference	📈 622 m	Effort	★★★★★
height difference downhill	📉 1837 m	Natural pavement	99%
Maximum slope uphill	📈 32%	Asphalt pavement	1%
Maximum slope downhill	📉 18%	Cobblestones	0%
Minimum and maximum quota	📊 2820 m	Equipped trail	0%
	📊 1480 m	Scree pavement	0%
Period Journey	Giugno -	Other types of pavements	0%
	Ottobre	Not available data	0%

PHOTO GALLERY



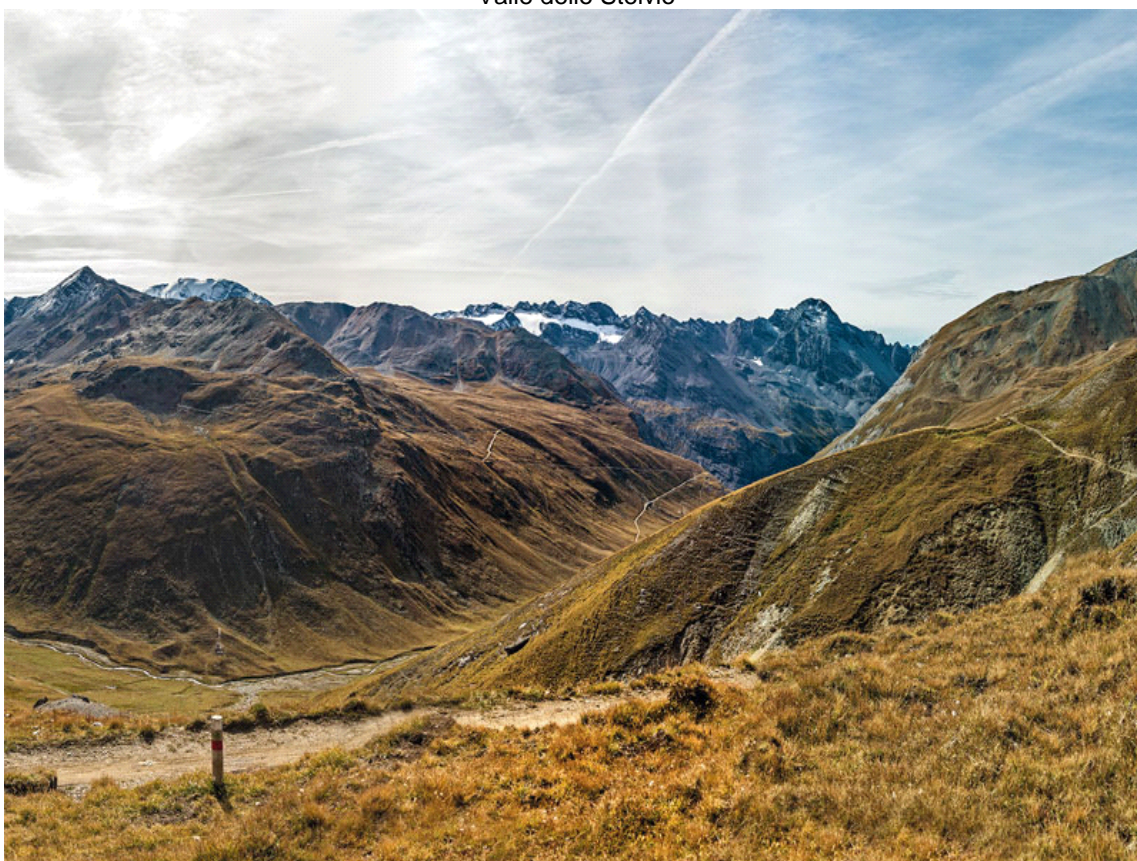
Strada Militare Piani di Pedenolo



Il Bernina dalla Strada Militare



Valle dello Stelvio



Valle dello Stelvio e bocchetta di Forcola



Scendendo sulla Val Forcola

This publication is for information purposes only. We recommend you consult and check the weather forecast and snow conditions before every excursion.