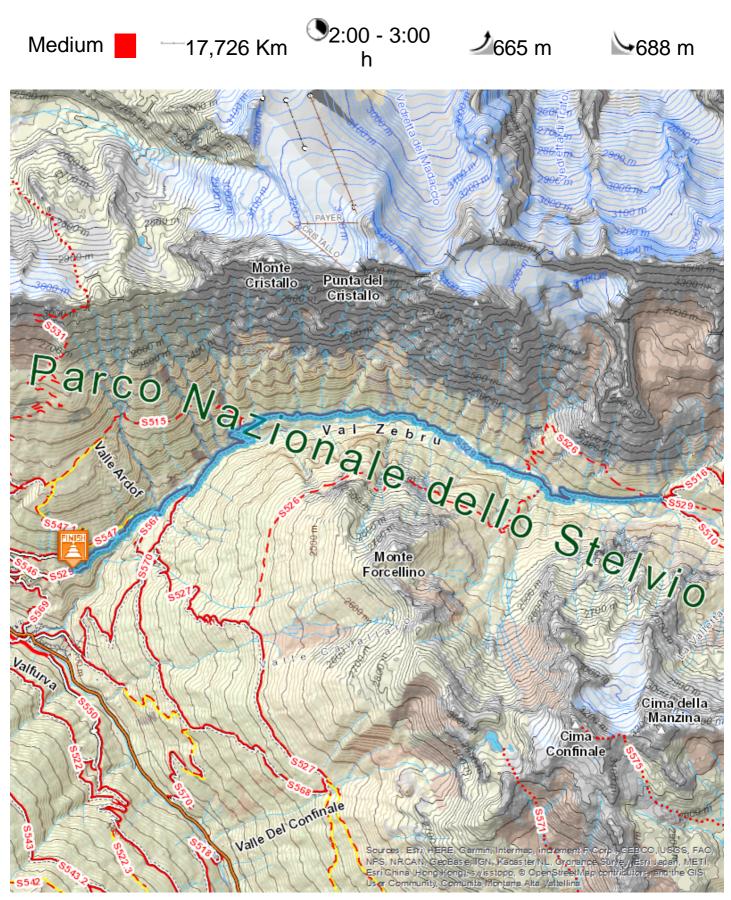




Parcheggio Niblogo Madonna dei Monti in Valfurva - Ponte Tre Croci - Val Zebru' - Zebru' di Dentro - Rifugio Campo - Baita del Pastore - Parcheggio Niblogo



Val Zebru' is probably the most typical valley of the Parco Nazionale dello Stelvio for its unspoilt nature so rich in flora and fauna that it is quite easy for you to encounter the animals that live in this protected area. This is a dirt road route ideal for your MTB, which runs among pastures, wooden mountains huts, and pinewoods. While climbing uphill, we leave the view of Cima Piazzi behind us and we are literally dominated by the impressive mountain chain going from the Cresta di Reit to Monte Cristallo, Cime di Campo and to Sasso Rotondo. The spurs of the ridge embracing the Cime dei Forni, Cima della Manzina and Monte Confinale slope down to the right. When we get to the Baita del Pastore we are surrounded by a typical high mountain environment and we can distinguish in the distance the difficult mountain bike trail descending eastwards from Passo Zebru' while the steep trail leading to Rifugio V Alpini climbs uphill to the left above us. And if we raise our eyes even more, the unmistakable profile of Gran Zebru' stands out behind the rocks of the Cima della Miniera.



You start riding from the car park in Niblogo 1600 m sign Way n. 529 on a nice and flat dirt road. You get to the Ponte delle Tre Croci quite soon and you climb uphill the length of the valley by proceeding to the left and passing past the maggenghi in Zebru' di Fuori and Zebru' di Dentro 1860 m. We keep on riding and meet Chitomas and Pramighen mountain huts and further the Rifugio Campo. Then we continue on a more challenging uphill stretch and get to our final destination: the Baita del Pastore 2160 m.. We make our way back on the same road and with peace of mind.

Start: Parcheggio Niblogo Madonna dei Monti in Valfurva

Arrival:Parcheggio Niblogo

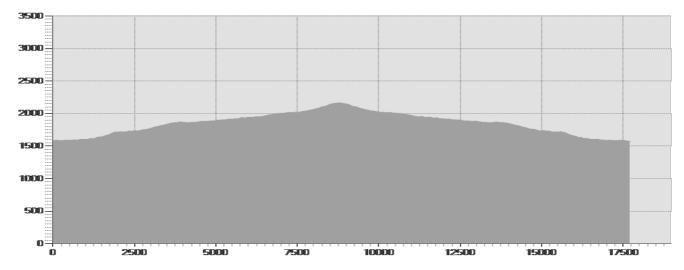
Equipment required:

Difficulty description:

Parking Area: Parcheggio Niblogo

Map:40 itinerari in mountain bike

Author:



TECHNICAL DATA

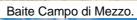
Length	— 17,726 Km	Skill	****	
Duration	9 2:00 - 3:00 h	Condition	***	
Uphill height difference	⊿ 665 m	Effort	***	
height difference downhill	→ 688 m	Natural pavement		98%
Maximum slope uphill	№ 30%	Asphalt pavement		2%
Maximum slope downhill	№ 16%	Cobblestones		0%
Minimum and maximum quota	2168 m	Equipped trail		0%
	4570	Scree pavement		0%
	1570 m	Other types of pavemen	its	0%
Period Journey	Giugno - Ottobre	Not available data		0%

PHOTO GALLERY











Baite Pramighen.



Pedalando dalla Baita del Pastore.

This publication is for information purposes only. We recommend you consult and check the weather forecast and snow conditions before every excursion.