




Rifugio dei Forni - Baite dei Forni - Baite Pradaccio - Baite Rasei - Baite dell'Ables - Ceisa di Sotto - Santa Caterina

Medium



8,648 Km



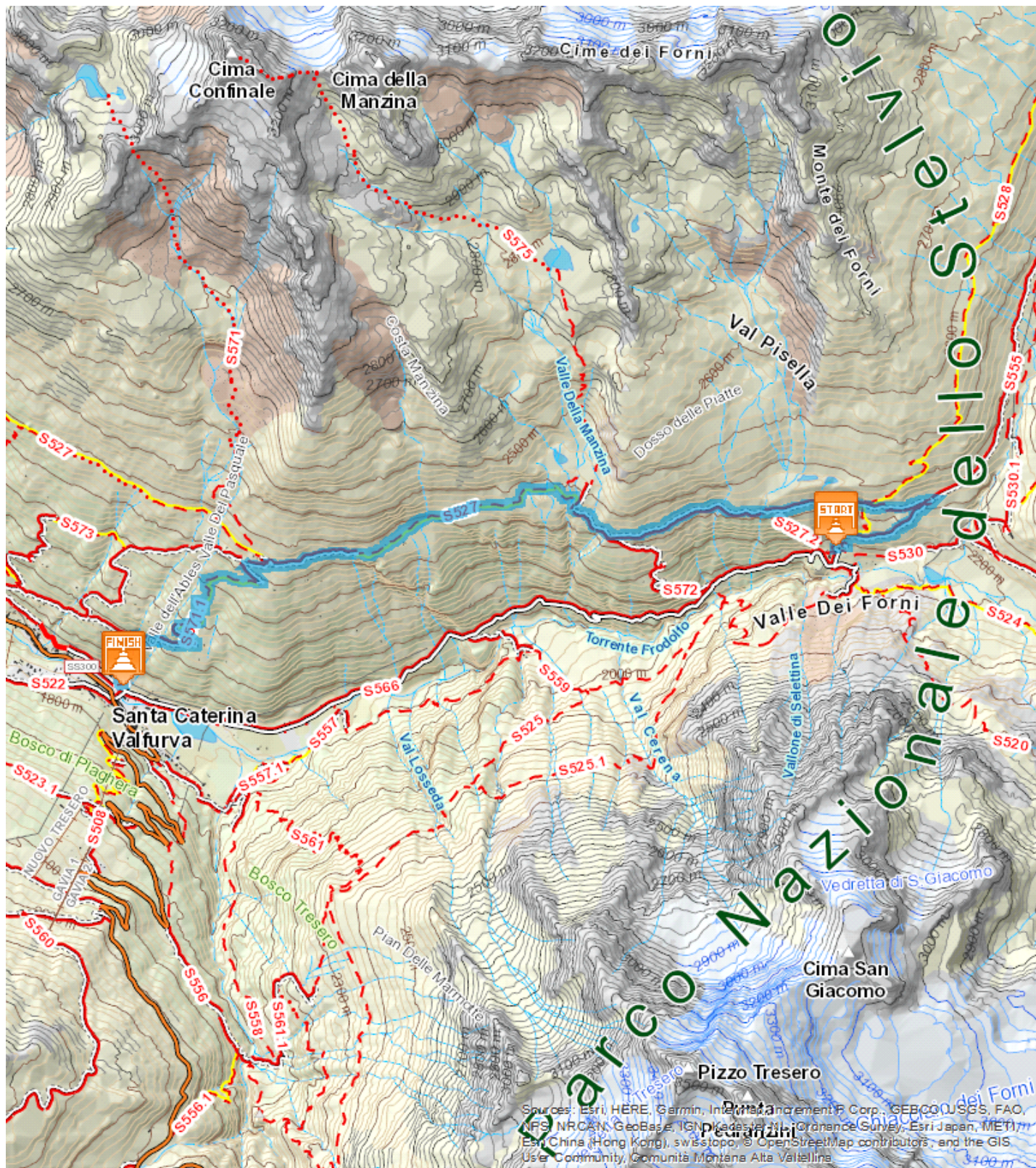
 1:00 - 2:00
h



229 m



664 m



The route twists and turns along side the orographic right of the Valle dei Forni. After gaining elevation above the same name mountain hut and casting your eye over the majestic Forni Glacier, you go on westwards on a now and then bumpy ground, which for this reason cannot be always easily ridden. It still remains a quite short and easy track, a natural balcony offering the view of the nearby and imposing north face of Pizzo Tresero and of the whole Valfurva in the distance with the Passo and Monte Ga via and Monte Sobretta as well. You ride across the pastures where the typical wooden mountain huts lay and finish your tour with a flow descent to Santa Caterina Valfurva.



The starting point is from the Rifugio dei Forni 2180 m on the dirt road to Rifugio Pizzini sign Way n. 555, which turns northeast onto two steep switchbacks. On the first straight stretch outside the wood we find a diversion indicating the right direction of our itinerary n. 527 sign with indication Baite Ables, Confinale, Cavallaro 2320 m. You turn decisively westward on an almost flat dirt road, pass over Predaccio mountain huts sign with the first indication of the Way n. 527, and cross Val Manzina on a bridge. Here begins the trail, which represents the only short but challenging stretch to overcome. Then you reach the beautiful Baite dell'Ables 2240 m, whence the descent starts along the Track n. 571.1 through Ceisa di Sotto. You can also head downhill the length of the Track n. 573. To be also pointed out that you have possibility to cover the stretch going from Baite dell'Ables to Baite Confinale above the tree line sign Way n. 527 and then to descend towards Santa Caterina Valfurva on the Track

n. 568 this is a 10 km alternative road or even to proceed downhill to Baite Cavallaro and get to Sant'Antonio Valfurva.

Start:Rifugio dei Forni

Arrival:Santa Caterina

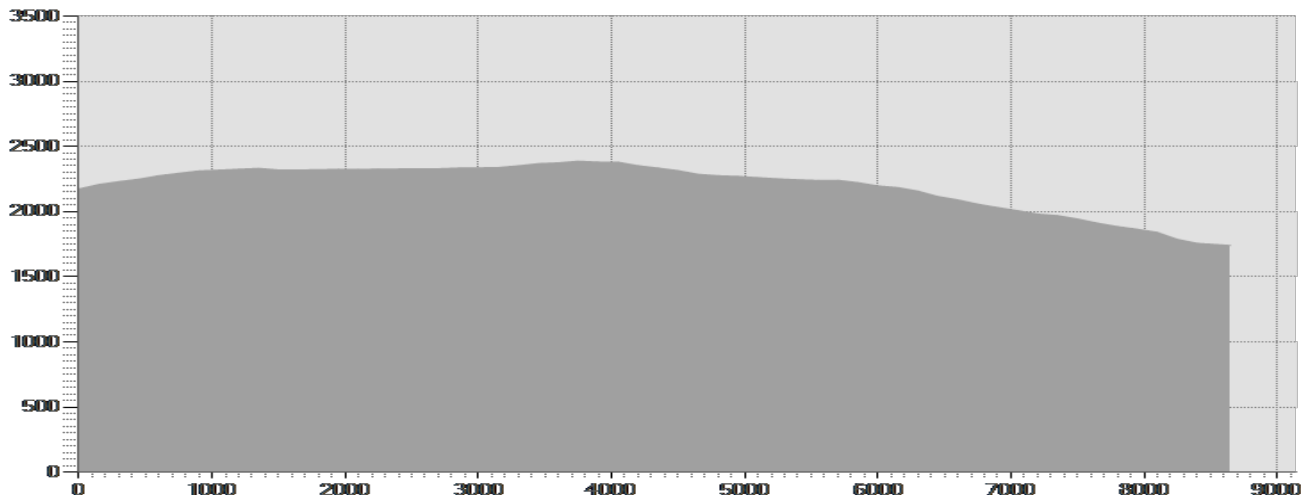
Equipment required:

Difficulty description:

Parking Area:

Map:40 itinerari in mountain bike

Author:



TECHNICAL DATA

Length	8,648 Km	Skill	★★★★★
Duration	1:00 - 2:00 h	Condition	★★★★★
Uphill height difference	229 m	Effort	★★★★★
height difference downhill	664 m	Natural pavement	100%
Maximum slope uphill	23%	Asphalt pavement	0%
Maximum slope downhill	17%	Cobblestones	0%
Minimum and maximum quota	2387 m	Equipped trail	0%
	1740 m	Scree pavement	0%
Period Journey	Giugno -	Other types of pavements	0%
	Ottobre	Not available data	0%

PHOTO GALLERY



Pedalando verso le Baite dell'Ables. A sinistra l'imponente Pizzo Tresero, sullo sfondo il Monte Sobretta.

This publication is for information purposes only. We recommend you consult and check the weather forecast and snow conditions before every excursion.